WORLDWISE Edu
Travel Medicine Education
6-part series
Course Details

WORLDWISE EDU NZ is thrilled to bring you our 6-part Travel Medicine Education series.

This series is suitable for both Travel Medicine practitioners wishing to advance their knowledge and those new to Travel Medicine. We have designed this course to aid those preparing to sit the ISTM Certificate of Knowledge in Travel Medicine examination. However, all practitioners will still find this course an invaluable resource to improve their Travel Consults.

The WORLDWISE organisation last year celebrated our 20th year leading the Travel Medicine industry in New Zealand. Our goal as an organisation is simple - we are committed to the promotion of healthy and safe travel for all travellers.

To this end our education branch - WORLDWISE EDU NZ is a pre-eminent researcher in travel health issues for those about to travel, and as such has developed specific goals including;

- development of guidelines for Travel Health Professionals (THP) in NZ.
- promotion of travel health information, medication, vaccination and etiquette
- provide a NZ scientific focus for travel medicine
The concept of ‘travellers’ health’ as a separate discipline has arisen from public health surveillance responding to the needs of an ever-growing population travelling internationally.

Over a billion travellers cross international borders each year. Such numbers are impacting on a number of global emerging infections, such as the Middle East Respiratory Syndrome (MERS) Ebola virus and, more latterly more close to home, Zika virus infection. The dual factors of increasing traveller populations and potential emergent or re-emergent infections highlight the need for an umbrella scrutiny of diseases and their social influence, such as is continuously being undertaken by the World Health Organization (WHO) and the Centers for Disease Control and Prevention (CDC).

Travellers’ health is now an established specialty, encompassing a wide variety of sub-specialities that include infectious and tropical disease; emergent and re-emergent global infections; public and environmental health management; occupational and preventive medicine; primary pro-active healthcare; geography; politics and current events; military health; remote, wilderness and expedition medicine; ‘medical tourism’, and migration medicine.

At a micro-level, face-to-face primary care, the fun and challenge of providing pre-travel advice is in the detail of the intended travel: the projected itinerary, a risk analysis of the type of travel, anticipated potential safety and security issues for the traveller, and in pre-travel advice on potential diseases that may be encountered. Post-travel, the travel health professional (THP) must conduct an appropriate health assessment reflecting the traveller’s itinerary and any illness contracted abroad. Continuing self-education in the discipline of Travel Health gives an ever-embellishing knowledge of proactive pre-travel and post-travel care.

Each and every traveller has a new mix of history and travel health needs and, as THPs consulting on their requirements for travel, ‘we travel with them’ and our energy in consultation, as well as our own personal experiences of travel, can create further enthusiasm for the traveller. Travel Medicine has been a hugely rewarding journey for me – I look forward to guiding you through the next stages of your professional development in this exciting field of medicine.

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FAQ

Can I have more information about the ISTM Certificate of Knowledge in Travel Medicine examination?
You can find more information on the ISTM website, and you can a full pamphlet on the 2016 exam here - http://www.istm.org/Files/Documents/Activities/CandidateBulletinExam.pdf
The exam is not offered to sit remotely, you must be present, in person at the venue. This first examination for 2017 is set for Feb 20, in Bangkok.
NB – you must enrol to sit the examination separately from the Worldwise series. Our series is intended as a study aid.

The course is offered remotely – can you explain the online program?
All registered attendees will have access to our secure webpage where you can download pdf versions of course notes, and view video recordings of each session. All sessions will be hosted at Worldwise Auckland, 18 St Marks Rd, Epsom 1051; if you are not able to be at the session in person you are welcome to join us via skype so you can ask questions and interact during the session.
Spectrum of knowledge for the series

A traveller going abroad needs advice appropriate to the risk of travel to that region. Information provided at consultation must be broader than simply covering off vaccinations and ant-malarial medications. It must reflect any health risk to the traveller, not just the interventions available, hence the reason that any intending traveller consultation is so necessarily of an extended time.

The WORLDWISE EDU SEMINARS will guide THP into informed decisions on:
• pre-travel issues such as malaria prevention, appropriate vaccine-preventable disease, any immunisations and when they need to be given
• protection against insect, mosquito and animal bites
• ‘safe’ food and water, and traveller’s diarrhoea prevention and management
• the safety of air-travel into, and land travel in, developing countries
• safety, security and insurance issues
• air travel, eg, fitness to fly, prevention of deep vein thrombosis (DVT) and jetlag
• prevention of alcohol-related, drug-related or sexually transmitted diseases, when appropriate
• injury prevention and where to seek advice for injury or illness
• the essentials of a travel medical kit, and its correct use
• health conditions to self-treat, appropriate treatment for any traveller to administer and when to seek medical attention.

Provisional programme available at - https://worldwise.co.nz/courses-conferences/worldwise-edu-travel-medicine-education-series/

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